

CONVENIENT
CARE ANYWHERE™

1.800MD™

Member Guide **ACTIVATE YOUR 1.800MD MEMBERSHIP ACCOUNT**



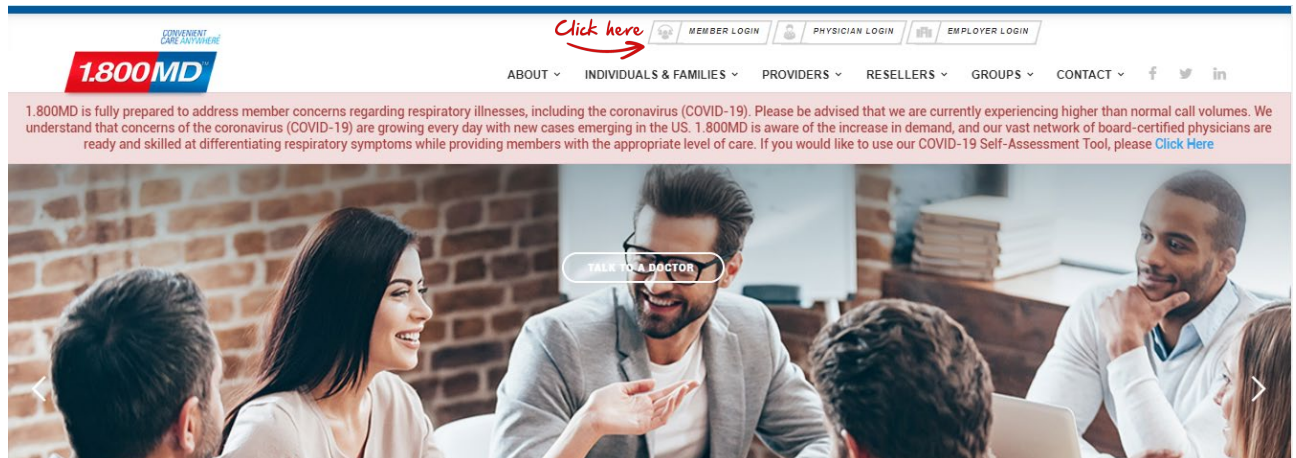
WELCOME TO 1.800MD

Activate your 1.800MD account to connect with board-certified physicians anytime, anywhere in the United States! 1.800MD is available 24/7/365. Physicians are always available to advise, diagnose, provide treatment plans, and prescribe medication for a wide range of non-emergency illnesses. Medical consultations are available via telephone or secure bi-directional video. Informational consultations are available via email.

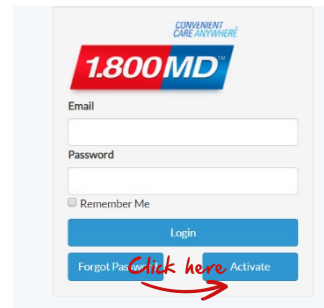


HOW TO ACTIVATE YOUR ACCOUNT

1. Visit 1800md.com.
2. Select the “**Member Login**” button located at the top right of the webpage.



3. On the Member Login page, select the blue “**Activate**” button.



4. Enter your Member number and Group number, Name, Date of Birth and Email Address. Create a password at the bottom of the page. After you have completed these steps, click “**Activate My Account.**”

Start Activation
Thank you for activating your account for the 1.800MD Telemedicine program.

You are only a few steps away from accessing the best health care services available. 1.800MD provides access to board certified physicians via phone, secure e-mail and bi-directional video consultation. Our doctors can assist you with your health related questions, and if needed can assess and diagnose most ailments over the phone.

Before activating, please have available the materials sent to you by your employer or group. You will need the member number and either your group number or the information listed in the activation section.

Please note you will need a valid email address to activate your account. We suggest you use a personal email address instead of your work email address.

If you are having trouble please contact us at 1-800-530-8666.

TO ACTIVATE YOUR ACCOUNT, PLEASE COMPLETE THE FOLLOWING:

* Member Number: (Same as Client #)

AND EITHER

Group Number:

OR

First Name:

Last Name:

Date of Birth: mm/dd/yyyy

AND

* eMail Address:



Password Requirements:

- Must be at least 8 characters
- Must contain an uppercase letter
- Must contain a lowercase letter
- Must contain a number
- Must contain a symbol

* Password:

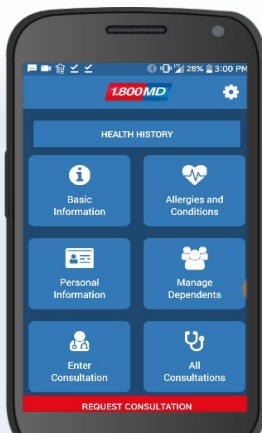
* Confirm Password:

ACTIVATE MY ACCOUNT

You have now activated your account!



Before requesting a consultation, you must complete your Health History. Simply click “**My Health History**” once you are logged in to complete the form.



DOWNLOAD THE 1.800MD MOBILE APP

Download the 1800MD mobile app! Install the 1.800MD mobile application to your Android and Apple devices for easy access to doctors. You can request a consultation by calling 1.800.530.8666, with the mobile app, or on your member portal online at 1800MD.com.

[Click here](#) to view the app demonstration video.



Questions about your membership? Our Member Services team is always available to help! Contact us at 800.530.8666 (available 24/7/365).